Recommended Reads on Food Studies

The earth knows my name: food, culture, and sustainability in the gardens of ethnic Americans
Food: ethnographic encounters
The restaurants book: ethnographies of where we eat
Home cooking in the global village: Caribbean food from buccaneers to ecotourists
Food, Culture and Survival in an African City
More than just food: food justice and community change
Food sovereignty: reconnecting food, nature and community
Eating Culture: an anthropological guide to food
Pemmican Empire: Food, Trade and the Last Bison Hunts in the North American Plains, 1782-1882
What's to Eat?: Entrees in Canadian Food History
Edible Histories, Cultural Politics: Towards a Canadian Food History
Learning, Food and Sustainability: Sites for Resistance and Change
The No-Nonsense Guide to world Food
Eating Chinese: Culture on the Menu in Small Town Canada
Through the Kitchen Window: Women Explore the Intimate Meanings of Food and Cooking
Fast Food/Slow Food: The Cultural Economy of the Global Food System
An Edible History of Humanity
A Moveable Feast: Ten Millenia of Food Globalization
Gathering What the Great Nature Provided: Food Traditions of the Gitksan
Food Sovereignty: reconnecting Food, Nature and Community
More than Just Food: Food Justice and Community Change
Defining Food Security for Urban Aboriginal People